

Name: Shreosphe Bista
Email: mountviewcomputerlab@gmail.com

MY EXPERIENCE OF OVERCOMING CONFLICT

Conflict is the struggle that the protagonist goes through in a story. Conflict causes social, political, and personal problems or family problems. Conflict means disagreement, struggle, or problem. There are two main kinds of conflict. A character may have to decide between right and wrong or between two solutions to a problem. Conflict management, also known as conflict resolution. It is also meant by conflicts and a management team that successfully handles and resolves workplace issues. The style of management conflict is avoiding, accommodating, compromising, competing and collaborating. People face conflict every day of their lives and most often, many different types of conflict in one day.

I have had very little conflicts in my life. If I had a conflict in my life, I would try to solve the issues peacefully or take myself from the problem and move on. This conflict is something that I worry about my father and mother every single day. My father and mother had a minor conflict when I was 11 years old. My mother was overprotective regarding our family. She was too caring about me. She used to save money, but at that time my father hadn't got a job. His credit wasn't that much good. He used to spend all the money on my mother. My mother used to save all that money for us. After all these things, they got into a huge fight. They decided to get a divorce and live happily alone. But at the right time, my grandma stopped them. So they didn't get divorced. My grandpa and grandma try to figure out the solution to this conflict. Our family condition wasn't good at that time. So, my father decided to move to Hetauda. But my mother and I declined to move to Hetauda because we know the condition of our family very well. Then after all these things, he went to Hetauda alone. He planned to find a cheap apartment to live in, but his credit is very bad so he couldn't find one cheap apartment. He hasn't got a job yet.

Then, again he decided to live with his sister until he was standing on his own. But he didn't know that his sister's family background was not good. His sister's husband is a theft, a liar and he was very hateful to our family. After many rejections, finally he got a job in a marble shop. He works there as an accountant. But his owner doesn't treat him well. His income wasn't enough for him. So he was trying to find another job. He thought of quitting this job after getting a new job. But it wasn't that easy to find a new job easily. His brother-in-law was rude and mad at him. He charged my father for anything that he could and made sure that my father would pay for it. So, my father can't save and earn that much money for his needs. After a long time, he called us. Then my mother and I became happy. We think that he realized his mistake and he was going to apologize to my mother. But our expectations didn't turn out what we expected. He called us for money. Once again, he betrayed us. My mother sends him money. Then, usually, he used to call us for money. My mother used to cry every day. I also want to live happily with my father and mother as my friends live. I used to compare myself with my friends and then I realized that I'm the unluckiest daughter. I realize that I have grown up now. I need love from my parents. My mother and father's fight was also affecting me mentally. They didn't understand about my mental health. They both have ego problems. So, I try to solve these conflicts by myself. I researched these conflicts. I found the root causes of

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these conflicts. So, I secretly called my dad at home. After many declined he received my call and promised me that he would come and solve this problem. My mother was unaware of my plan. After my father came back. I listened to the thoughts of both my mother and father. I make them clarify all the things and misunderstandings between them. I reach an agreement between them. After reaching an agreement, I make them feel like they have won the conflicts and agreement between both of them. They both would never fight again. They realized their mistakes. They hugged each other and cried. They apologized to each other. They apologized to me too and they regret what they have done to me. They promised me that they would never fight again and they would never leave me alone. They realized that their small issues were affecting me. So, after all these conflicts finished we live happily together, like we used to live before. My father got a job. He became a businessman. His income was enough for us. He realized the value of money. He started to save money. Again, he became a gentleman. He works hard for us. My mother also found a good part-time job. She became a teacher. She used to earn 15 thousand per month. Our family condition became good at all. We live happily again. We were overprotective of each other. We used to have fun together. We used to be happy with what we were happy. And also I solved these conflicts by myself.

Every person faces many conflicts in their life. Some person tried to solve it and moved in. But some people didn't try to solve it or who try to create violence. We should manage our conflicts. Minor conflicts can affect our mental health, or physical health. So It's better to solve every conflict on time.

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